

FAMILY ONLINE SAFETY CONTRACT

This contract helps us stay safe when it comes to what we SEE, SAY and DO online.

I _____ am

(Parent/Caregiver)

providing and paying for your internet service and device. Along with this privilege comes the responsibility to protect our family and our private information. This contract is a requirement of having this service provided to you.

If you see or hear anything online that makes you feel unsafe or worried for yourself or someone else, please know that you can come to me at any time with this concern, and we will work together to find a solution. **NOTHING IS EVER SO BAD YOU CAN'T TELL A TRUSTED ADULT.**

If I am unable to help you, we will contact the appropriate authorities for advice. This contract has been created to protect you. It is my responsibility as your parent/caregiver to keep you safe, so that you have a positive experience online.

I _____ will:

(Child)

- Tell my parent/caregiver if I see something that makes me feel upset, uncomfortable or scares me.
- Be aware that people online are not always who they say they are, and do not always tell the truth.
- Let my parent/caregiver supervise where I go online as I understand they do this to help keep me safe.
- Tell my parent/caregiver if someone sends me rude or revealing pictures, or links that I did not ask for.
- Not give out personal information about myself, my family, my friends, or others online, including full names, addresses, phone numbers or schools.
- Not share my passwords or usernames with anyone but a parent/caregiver and I understand they will only use it if they are worried about me or my safety.
- Allow my parent/caregiver to "spot-check" my device whenever they want (middle school aged or younger).
- Treat others the way I want to be treated online and with the same respect as I would offline.

- Never use the internet or a mobile device to cyberbully someone.
- Make sure all of my accounts are always set to private.
- Not talk to anyone online, or add anyone on my social networks, if I don't know them offline.
- Never agree to meet someone in person that I have only met online, and I will tell my parent/caregiver if someone asks to meet me.
- Accept my parent/caregiver as a 'Friend' on social media providing they ask for my permission before posting or commenting on my content, and they speak to me first if they see something they don't agree with on my profiles.
- Not respond to emails, instant messages, messages or friend requests from people I don't know.
- Never click on a link or attachment in any email or message unless I was expecting it from a known person.
- Never send someone a photo of myself online without checking with my parent/caregiver first.
- Learn how to block and report people online and tell my parent/caregiver immediately if doing this.
- Ask for permission before downloading any apps, games or software, so my parent/caregiver can check these are appropriate for my age and won't harm the device.
- Teach my parent/caregiver about the internet, apps, games and websites I enjoy.
- Agree to the online time limits set by my parent/caregiver and put my devices to bed at night to help me get a restful sleep.
- Charge my devices overnight in a location that is outside my bedroom.

Signed: _____
(Child)

Signed: _____
(Parent/Caregiver)