

TEEN ONLINE SAFETY CONTRACT

This contract helps us stay safe when it comes to what we SEE, SAY and DO online.

I _____ am
(Parent/Caregiver)

providing and paying for your internet service and device. Along with this privilege comes the responsibility to protect our family and our private information. This contract is a requirement of having this service provided to you.

If you see or hear anything online that makes you feel unsafe or worried for yourself or someone else, please know that you can come to me at any time with this concern, and we will work together to find a solution. **NOTHING IS EVER SO BAD YOU CAN'T TELL A TRUSTED ADULT.**

If I am unable to help you, we will contact the appropriate authorities for advice. This contract has been created to protect you. It is my responsibility as your parent/caregiver to keep you safe, so that you have a positive experience online.

I _____ will:
(Teen)

- I will be respectful to myself and others. I won't bully and won't tolerate bullying by others.
- I will be a good online friend and be supportive of my friends and others who might be in trouble or in need of help.
- I won't post or send pictures or other content that will embarrass me, get me into trouble or jeopardize my privacy or security.
- I will respect other people's privacy and be courteous when posting photos or other content about them.
- I'll be conscious of how much time I spend on the web, phone and other devices and won't let use interfere with sleep, school work and face-to-face relationships.
- If they need my help, I'll assist my parents, teachers others in their use of technology.
- I will respect other people's digital property and space. I won't steal, hack, break into anyone else's accounts or use other's content without permission.
- I will protect my passwords and practice good Net security.
- I will be thoughtful in my use of copy and paste. If I use anyone else's content or images I will quote them, give them credit and link to them if appropriate.
- I will help create a culture of respect and tolerance at my school and among my peers.