My Space. My Feelings. My Voice.

# FLIP *the Script*

**Based on the Darcheinu/Our Path SEL Curriculum**

**Think of going down into the figurative 'cave' to join another person in their situation using the four steps to empathy.**

## 1. Perspective Taking

## 2. Staying Out of Judgement

## 3. Recognizing Emotions in Another Person

## 4. Communicating That You Recognize Their Emotion



amudim
THE LEGACY OF MENDY KLEIN זצ"ל